

Advanced Emergency First Response

Duration: 5 days

Sessions: 5 x sessions of 7 hours

Aim: To orientate the First Responder to the initial assessment and management of pre-hospital emergencies and to enable the student to provide advanced first aid skills as required.

Who will benefit? Persons who in the work place are required to manage pre-hospital life threatening situations until a higher level of medical care is available.

Objectives: Upon completion of the course, participants should be able to:

- Provide safe scene assessment.
- Demonstrate the concepts and principles of primary and secondary assessment.
- Establish immediate care priorities in a medical emergency.
- Initiate the necessary primary and secondary care quickly in a life threatening incident.
- Provide Basic Life Support.
- Provide basic airway management.
- Demonstrate proper insertion of oral and nasal airways.
- Demonstrate the proper use of the suction device.
- Demonstrate the proper use of a Pocket Mask.
- Demonstrate the use of the bag-valve-mask.
- Demonstrate the proper use of oxygen.
- Demonstrate the proper techniques of spinal immobilisation.
- Demonstrate the use of splints.

Contents:

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| * Mechanism of Injury | * Respiratory System |
| * Airway Management | * Oxygen |
| * Basic Life Support | * Patient Assessment |
| * The Circulatory System | * Shock |
| * Head Injuries | * Spinal Trauma |
| * Chest Trauma | * Abdominal Trauma |
| * Extremity Trauma | * Burns |
| * Heat Related Emergencies | * Hypothermia |
| * Stroke | * Cardiac Conditions |
| * Asthma | * Seizures |
| * Diabetes | |