

## Asbestos Awareness Course

**Duration:**

3.5 hours

**Aim:**

This course aims to provide delegates with an understanding of what asbestos is, and how it can be harmful to health. It also aims to show them where asbestos can be commonly found and how one can manage the problem of asbestos.

**Objectives:**

- Understand the nature and toxic properties of asbestos
- State the three main types of asbestos
- Understand how asbestos fibres enter the body and the diseases that it can cause
- Carry out an initial non-invasive appraisal of their own asbestos risks
- Develop a basic strategy to deal with asbestos

**Contents:**

- Asbestos as a mineral fibre
- Types of asbestos
- Routes of entry into the body
- Common asbestos-related diseases
- Common uses of asbestos
- Common locations in buildings and equipment
- Asbestos policy
- Asbestos surveys and inventories
- Communicating information

**Certification:**

Institute of Health and Safety