

## Slips, trips and falls

**Duration:**

3.5 hours

**Aim:**

This course will raise the awareness of workers to slip, trip and fall hazards. It will outline simple measures of how to avoid slips, trips and falls.

**Objectives:**

- Identify the impact of slips, trips and falls on the workplace
- Recognize the various types of slips, trips and falls
- Recognize the specific hazards at your workplace
- Conduct a baseline evaluation of your workplace

**Contents:**

- Basic cause of falls
- How slips and trips occur
- Roles of floor surfaces, stairs, walkways, housekeeping, obstructions, spills, and outdoor issues
- Worker and employer responsibilities
- Prevention of slip and trip hazards on surfaces and floors
- Prevention of slip and trip hazards on stairs

**Certification:**

Institute of Health and Safety