

## Health and Safety Representatives Course

**Duration:**

4 hours

**Aim:**

This course is designed to help Health and Safety Representatives to understand their role, and to equip them with the basic knowledge and skills necessary for them to carry out their functions effectively.

**Objectives:**

Upon completion of the course, participants should be able to:

- Understand the nature of the role of Health and Safety Representatives
- Understand how legislation regulates the relationship between employers and employees in relation to health and safety at work
- Understand some of the basic techniques used in health and safety management,
- Carry out a visual health and safety inspection and report on the findings.

**Contents:**

- OHS 2000 and related legislation
- The law and Health and Safety Reps.
- General principles of Risk assessment
- Safety inspections
- Effective communications
- Listening skills

**Certification:**

The Institute of Health and Safety