INSTITUTE OF HEALTH & SAFETY®

Level 2 Award in Health and Safety at the Workplace

Duration:
6 hours

Aim:
This qualification is designed for all employees and introduces them to the general principles of health and safety in the workplace. It covers many of the commonly found occupational hazards and risks, and it will enable employees to work in ways that enhance standards in their workplaces.

Objectives:

- Explain what is meant by the term "health and safety at work" and give examples
- Explain how health can be affected by the work environment
- Recognise common safety issues
- State how risks arising from the workplace and work equipment can be controlled
- Understand the principles of risk assessment
- Understand the health and safety issues related to: manual handling, hazardous substances, ergonomics and workstation design, working at heights, transport and vehicles, and noise and vibration

Contents:

- Causes and consequences of poor control of health and safety
- Basic legal principles
- Occupational health
- Basic elements of accident prevention
- Workplace conditions and facilities
- Work equipment – hazards and control,
- Risk assessment basics
- Manual handling – hazards, health effects, and controls
- Safe handling and use of hazardous substances
- Ergonomic hazards and workplace design
- Hazards and controls associated with working at height
- Workplace traffic and controls
- Key issues associated with noise and vibration

Certification:
Chartered Institute of Environmental Health