

Noise Awareness

Duration:

3.5 hours

Aim:

To provide an awareness of the risks associated with exposure to loud noise and how individuals can protect their hearing.

Objectives:

- Recognise the harmful effects of exposure to loud noise levels
- Understand basic control measures of how to deal with noise
- Recognise the importance of health surveillance

Contents:

- The Work Place (Minimum Health and Safety Requirements for the Protection of Workers from Risks resulting from Exposure to Noise) Regulations, 2006
- The health effects and symptoms of exposure to loud noise
- Collective noise control measures
- Hearing protection and maintaining its effectiveness, e.g. wearing correctly, correct storage and maintenance
- Health surveillance and occupational health

Certification:

Institute of Health and Safety