Human Factors and Motivation in Health and Safety

Duration:
3 hours

Aim:
This course is designed help anyone dealing with staff to explore the physical and mental characteristics of people at work, and how these things can affect their health and safety. It also aims to provide ideas and strategies for motivating staff to actively participate in the improvement of workplace standards.

Objectives:

- Define key aspects of personality
- Acknowledge the effects of mental and physical characteristics upon work.
- Understand the role of human factors within an ergonomic approach to health and safety
- Understand common causes of human error
- Implement simple strategies to improve staff motivation

Contents:

- Physical and mental factors and human behaviour
- Attitudes, perception, and motivation
- Common causes of human error and controls
- Individual, job, and organisational factors
- Cultural change
- Competence and training
- Effective communications

Certification:
Institute of Health and Safety